

WORK-LIFE EMPLOYEE ASSISTANCE PROGRAM



However big or small an issue may be, it's good to know you can always reach out to us. LifeCare is a Work-Life Employee Assistance Program (Work-Life EAP) benefit. Your employer and ADP® have made it available to you and your family. We are here for you with resources and guidance to help with parenting, senior care, home services, wellness, legal and financial services or whatever personal challenge you might face. Our specialists are available 24/7, 365 days a year.

Emotional health

Call today for your choice of 3 EAP sessions, face to face or by telephone, per person, per concern, per year (up to 9 sessions total).

- Marital or relationship difficulties
- Grief
- Substance abuse
- Domestic violence
- Anxiety and depression



Parenting, child care and education

Balancing work, family and all of your daily responsibilities can be challenging. LifeCare offers personalized assistance and resources to help you save time and money.

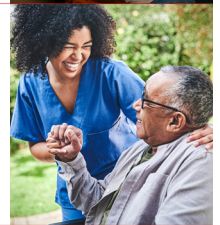
- Child care (centers, in-home, family day care) and education services
- Adoption and prenatal care
- Child development and special needs



Senior caregiving services

Caring for loved ones as they age is a lot easier when you have a good support system in place.

- Care options and living arrangements
- Home meal delivery programs
- Medicare, Medicaid and Social Security
- Transportation services
- Hospice
- Caregiver support



Wellness and daily living

Your personal wellness and concerns can take a back seat to more urgent issues. LifeCare's tools can help you address them.

- Diet and fitness
- Safety
- Travel
- Moving, utilities and more
- Automotive services
- Pet care



Legal and financial

Call to learn more – you may be eligible for free consultations and discounted legal fees.

- Insurance
- Real estate and loans
- Discounts, articles and tools on LifeCare.com
- Legal and personal finance
- Retirement planning



LifeMart®

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- Travel & entertainment
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- Electronics
- Food & grocery
- Child & elder care
- And so much more!



Visit your ADP portal. Navigate to the "My Tools" page and select "LifeCare - Work/Life, EAP, Discounts" link.

Call toll-free, 24 hours a day **1-800-697-7315** (1-800-873-1322 TTY). Please mention your affiliation with **ADP**.